

Biodynamic Course Outline

For October 3rd - 9th, 2011 BD Conference

| | <u>Monday, Oct. 3rd.</u> | Activity | Presenter | Location | |
|----|-------------------------------|---|-----------|----------------------|----------|
| SD | 7:30 - 8:30 | Breakfast | | C-Dar Lodge | |
| | 9:00 - 9:30 | Piano Music | by EM | Gatehouse Hall | |
| | 9:30 - 10:30 | Welcome address | by FV | Gatehouse Hall | |
| | 10:30 - 11:00 | Refreshments | | C-Dar Lodge | |
| | 11:00 - 12:30 | How to apply Preparations: 500/1 | by FV | Gatehouse Hall | 501, 500 |
| | 12:30 - 2:00 | Lunch & Free Time | | C-Dar Lod | |
| | 2:00 - 3:30 | Making Barrel Compost (BC) | by LN | Horse Barn Area | BC |
| | 3:30 - 4:00 | Refreshments | | C-Dar Lodge | |
| | 4:00 - 5:00 | Discussion: On Barrel Compost use | by FV | Gatehouse Hall | |
| | 6:00 - 7:00 | Supper | | C-Dar Lod | |
| | 7:00 - 9:30 | Food in its various forms | by DrJR | Gatehouse Hall | |
| | <u>Tuesday, October 4th</u> | | | | |
| | 6:30 - 7:00 | Blessing of cow | by PH | Summer B | |
| | 7:30 - 8:30 | Breakfast | | C-Dar Lodge | |
| | 9:00 | Slaughtering | by JD | Summer Barn Area | |
| | 10:00 | Unearthing of 501** | by PS | meet front C-Dar Ldg | |
| | 10:30 | Refreshments | | C-Dar Lodge | |
| | 11:00 - 11:30 | Piano Music & Violin | by EM | Gatehouse Hall | |
| | 11:00 | Anatomy of Cow | byDr.JR | | |
| | 12:30 - 2:00 | Lunch & Free Time | | C-Dar Lod | |
| | 2:00 - 4:00 | Preparation of Carcass | by JD | Summer Barn Area | |
| | 3:00 | Paul leaves for slaughterhouse | by PS | | |
| | 6:00 - 7:00 | Supper | | C-Dar Lod | |
| | 8:00 - 9:30 | The deeper meaning of sacrifice | by PH | Gatehouse Hall | |
| | ** | **For those who do not wish to attend the slaughtering process | | | |
| | <u>Wednesday, October 5th</u> | | | | |
| | 7:30 - 8:30 | Breakfast | | C-Dar Lodge | |
| | 9:00 - 9:30 | Muscal interlude | by EM | Gatehouse Hall | |

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|---------------|-----------------------------------|-------|----------------|-----|
| 10:00 - 10:30 | Making 502 | by PS | at Horse Barn | 502 |
| 10:30 - 11:00 | Refreshments | | | |
| 11:00 - 12:30 | Making 503, Chamomille | by PS | at Horse Barn | 503 |
| 12:30 - 2:00 | Lunch & Free Time | | C-Dar Lod | |
| 2:00 - 3:30 | Making and burying 500 | by LN | C-Dar Lodge | |
| 3:30 - 4:00 | Refreshments | | C-Dar Lodge | |
| 4:00 - 5:00 | Lecture & discussion 500 | by FV | | 500 |
| 6:00 - 7:00 | Supper | | C-Dar Lod | |
| 8:00 - 9:30 | The blessings of many meditations | by PH | Gatehouse Hall | |

Thursday, October 6th

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|---------------|-------------------------|-------|----------------|-----|
| 7:30 - 8:30 | Breakfast | | C-Dar Lodge | |
| 9:00 - 10:30 | Making/Interring 505 | by PS | C-Dar Lodge | 505 |
| 10:30 - 11:00 | Refreshments | | C-Dar Lodge | |
| 11:00 - 12:30 | Lecture 505 | by FV | Gatehouse Hall | |
| 12:30 - 2:00 | Lunch & Free Time | | C-Dar Lod | |
| 2:00 - 3:30 | Making/Interring 506 | by SW | C-Dar Lodge | 506 |
| 3:30 - 4:00 | Refreshments | | C-Dar Lodge | |
| 4:00 - 5:00 | Talk on Dandelion 506 | by FV | Gatehouse Hall | |
| 6:00 - 7:00 | Supper | | C-Dar Lod | |
| 8:00 - 9:30 | Astronomy & BD Calendar | by LN | Gatehouse Hall | |

Friday, October 7th

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|---------------|---------------------------------|-------|--------------------|----------|
| 7:30 - 8:30 | Breakfast | | C-Dar Lodge | |
| 9:00 - 10:30 | Compost making | by LN | C-Dar Lodge gardn. | |
| 10:30 - 11:00 | Refreshments | | C-Dar Lodge | |
| 11:00 - 12:30 | Application of Barrel Compost | by LN | C-Dar Lodge gardn. | |
| 12:30 - 2:00 | Lunch & Free Time | | C-Dar Lod | |
| 2:00 - 3:30 | Talk: Valerian & Nettle 507/504 | by FV | C-Dar Lodge gardn. | 507, 504 |
| 3:30 - 4:00 | Refreshments | | C-Dar Lodge | |
| 4:00 - 5:00 | Importance of 501 (and 502) | by FV | Gatehouse Hall | 501, 502 |
| 6:00 - 7:00 | Supper | | C-Dar Lod | |
| 8:00 - 9:30 | Biodynamics in Mexico | by PC | Gatehouse Hall | |

Saturday, October 8th

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|---------------|------------------------------|-------|----------------|--|
| 7:30 - 8:30 | Breakfast | | C-Dar Lodge | |
| 9:00 - 10:30 | Storage & Transport of Preps | by PC | Gatehouse Hall | |
| 10:30 - 11:00 | Refreshments | | | |
| 11:00 - 12:30 | Spraying of Preparations | by LN | Gatehouse Hall | |

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| 12:30 - 2:00 | Lunch & Free Time | | C-Dar Lod |
| 2:00 - 3:30 | Question/Answer | all | Gatehouse Hall |
| 3:30 - 4:00 | Refreshments | | |
| 4:00 - 5:30 | Geometric Bodies | by UW | Gatehouse Hall |
| 6:00 - 7:00 | Supper | | C-Dar Lod |
| 8:00 - 9:30 | Transformation of Food into what truly feeds us | by DrJR | Gagehouse hall |

Sunday, October 9th

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|---------------|----------------------------|-------|--------------------|
| 8:00 - 9:00 | Breakfast | | C-Dar Lodge |
| 9:30 - 10:30 | Bread & Wine Service | by PH | C-Dar Lodge Chapel |
| 10:30 - 11:00 | Refreshments | | |
| 11:00 - 12:30 | Visit Salmon Spawning Area | by FV | meet C-Dar Lodge |
| 12:30 - 2:00 | Lunch & Free Time | | C-Dar Lod |
| 2:00 - 4:00 | Thanks & lively discussion | all | Gatehouse Hall |
| 5:00 - 6:00 | Supper | | C-Dar Lod |
| 8:00 - 9:30 | Geometrical Bodies | UW | Gatehouse Hall |

Symbol

Name

Sept 7th
emailed

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|--------|---------------------------------|----------------|-------------|---|
| FV | Ferdinand Vondruska, C-Dar Farm | Presenter | Farmer | V |
| PS | Paul Schilperoord, C-Dar Farm | Manager | Farmer | V |
| UW | Ueli Wittorf, Switzerland | Ing. | Scientist | V |
| PH | Philip Harmon, Hawaii | Reverend | | V |
| Dr. JR | Dr. Jorge Rodriguez, Mexico | Medical Doctor | | V |
| PC | Pedro Cruz, Mexico | Manager | Company | V |
| SW | Sarah Weber, Squamish | Biologist | Scientist | V |
| LN | Lloyd Nelson, Hawaii | Farmer | Presenter | V |
| EM | Erik Musseau, Paradise Valley | Musician | | V |
| JD | John Drivnovz, Squamish | Butcher | | |
| MH | Michelle Hengst (WWOOFER) | Cooking | Scientist | |
| JDL | Jan Dloughi (WWOOFER) | Cooking | Scientist | |
| SD | Sean Davies, C-Dar Farm | Coordinator | BD Student | |
| MV | Marcela Vondruska, C-Dar Farm | House | Coordinator | |
| MR | Monserrat Rubio | Student | BD Student | |

Talks and lectures at the Vancouver Waldorf School on separate list